IDFA sincerely thanks CSL Behring for sponsoring this event “Beyond Hospital Walls” and having the opportunity to further advocate and educate the general, medical and patient community about primary immune deficiencies.

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Beyond Hospital Walls

Living with primary immunodeficiency: managing treatments & lifestyle

2018
The Immune Deficiencies Foundation Australia is a not-for-profit organisation and registered charity caring for people who have Primary Immune Deficiencies (PI).

An **Immune Deficiency** is also commonly referred to as an immune disease, immune disorder or immunodeficiency.

A **Primary Immunodeficiency (PI)** is a **genetic** disorder where the immune response is reduced or absent. PIs are caused by defects in the genes that control the immune system, so people with PI are born missing some or all of the parts of the immune system.

IDFA offers **education, resources** and **social and emotional support** for PI patients and their families. IDFA receives **no government funding**. Show your support by a **donation** or **purchasing an awareness pin** (tax deductible).

IDFA is now also supporting immunodeficiency patients with **Secondary Antibody Deficiencies** receiving immunoglobulin treatment. These immunodeficiencies are happen when an outside source like cancer attacks your body. Chemotherapy can also cause a **secondary immunodeficiency disorder**. Examples of secondary immunodeficiency disorders include lymphomas or cancers of the immune system, like Chronic Lymphocytic Leukaemia, Multiple Myeloma, Non-Hodgkin Lymphoma and Good's Syndrome.

**Membership and resources are free**. To join go to [www.idfa.org.au](http://www.idfa.org.au)

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**Beyond Hospital Walls**

**9:15 Registration**

09:30 AM Welcome - IDFA introduction
09:50 AM The Immune System & Immunodeficiency
10:30 AM Fitness & Nutrition Strategies

**11:00 Morning Tea**

11:15 AM PI Treatments
11:45 PM Mental Health Strategies
12:15 PM Fatigue
12:45 PM Patient Story (Patient)

**1:00 Lunch**

1:40 PM Treatments
# IVIg and SCIg: Options
# Managing Community Treatments
# Managing at home: self-care & medical issues faced at home
2:40 PM Fatigue Strategies
3:10 PM Close

**3:10 Afternoon Tea**